

BIOLOGIQUE RECHERCHE

Wednesday, May 14, 2014

I had heard about the skincare line **Biologique Recherche** and knew they had a spa in Paris located on Champs-Élysées, so instead of purchasing the products in NY, I waited till I went on my trip. (Plus, we would get tax off if we spent over 175€.) Once we got there, I was like a kid in a candy store.

It's not easy to find their products since they're not readily available online, so you have to track down locations that sell them. (Gah, I'm such a sucker. The more exclusive and hard to find things are, the more I want it.) In New York City, you can visit the **Aida Bicaj Institut de Beauté** on the Upper East Side where they can help you figure out the best products for your skin type.

At the Paris location, the receptionist helped us pick out products for us.

Located in a courtyard on Champs-Élysées, the spa is easy to miss if you're not looking for it.

What did I get? EVERYTHING. My entire skincare routine is now made up of their products. I LOVE it. My skin has never looked better and I wear a lot less makeup.

I start off with their Lait VIP O2 cleansing milk, followed by their **famous P50W** (a liquid exfoliant), a serum, and a facial cream. I got two facial creams; one for morning, and for night. Twice a week, I do their Masque Vivant facial mask, which is AMAZING. But holy crap, the stuff smells horrible! In fact, a lot of their products smell awful. Really awful. No masking their products with pretty scents here.

I also got their oil-control shampoo, which is doing wonders for my hair and scalp. I can't go a day without washing my hair since after 24 hours, my hair looks like I dipped it in a vat of oil. It's a huge oily mess, but with their shampoo, I was able to go two days without washing it! That's huge for me.

Bottom line, Biologique Recherche is my find for the year!

