

Harper's

THE BEST
DRESSED LIST

GET
GLAM
BY TONIGHT
+ HAIR
STYLING SECRETS

KATE
HUDSON
SEX
AND THE
SINGLE
GIRL

EAT
MORE,
STAY
SLIM

2016
HOT
LIST

BEST
BLACK
DRESS
ULTIMATE
GIFT
GUIDE

EXFOLIATE WITH CARE Exfoliation is key for younger skin. Cindy Crawford's Los Angeles facialist Cristina Radu prefers fine granular scrubs for removing dead skin cells, and is insistent that people avoid those made with crushed shells, salt, or anything too rough. "You want the finest particles possible," says Radu. If you have sensitive skin or rosacea, Nicole Paxson, an aesthetician at Adam Kolker's plastic-surgery practice in New York, cautions against using anything with physically abrasive ingredients. Instead, rely on fruit enzymes or chemical acids. Her pick: *Biologique Recherche* Lotion P50 (\$61). New York facialist Joanna Vargas, who preps Karlie Kloss, suggests the *Eminence* Citrus Exfoliating Wash (\$38) but warns that if you're using a retinol or Retin-A, you may not want to perform an additional exfoliant step because your skin is already undergoing faster cell turnover.

FASHION
ISSUE

CARINE
ROITFELD
ON THE
NEW SEASON