

## Most Popular

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Mira Sorvino, Natasha Henstridge and More Weinstein Accusers Gather to Reveal What Happened After They Came Forward

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## Are These Songs Really About THIS?

1/10  
Score 0



Pharrell Williams wrote "Happy" after eating a particularly tasty sandwich from a diner in LA

TRUE

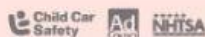
FALSE

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# Hollywood's Hottest Anti-Aging Ingredient? Seed Oils



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Gwyneth Paltrow, Julianne Moore and Salma Hayek are reaping the benefits.



From left to right: JB Lacroix, Dia Dipasupil (2), all Getty Images

In the quest for a smooth, flawless complexion, products touting naturally-sourced, anti-aging ingredients such as rose, hemp and blue cactus fly off the shelves in Hollywood. And, the reigning, age-defying "earthly" delight industry titans such as Gwyneth Paltrow, Julianne Moore and Salma Hayek are clamoring for? Seed oils.

"No longer just for birds, seeds contain many of the essential building blocks for life," says dermatologist Dr. Tess Mauricio. "They're inherently full of nutrient-rich building blocks such as antioxidants, polyphenols, and vitamins which contribute to healthier, younger looking skin."

Here, five seed-oil filled powerhouses that prove good things do come in small packages.

## Biologique Recherche Sérum T.E.W.L.



From the French cult-beauty brand coveted by Mandy Moore, Madonna and Ashley and Mary-Kate Olsen, [T.E.W.L.](#) stands for Trans Epidermal Water Loss and that's what this ultra rich serum (\$173) is designed to do — lock in moisture. Fragrance-free and cold formulated at the laboratories in Paris, Sea BuckHorn Berry, Raspberry and Cranberry oils help repair and protect skin. Given this line is robust and heavily customized according to skin type, it's also recommended to visit one of the Biologique Recherche trained estheticians at [The Peninsula Hotel Spa in Beverly Hills](#) for a complete skin analysis and treatment.



Courtesy