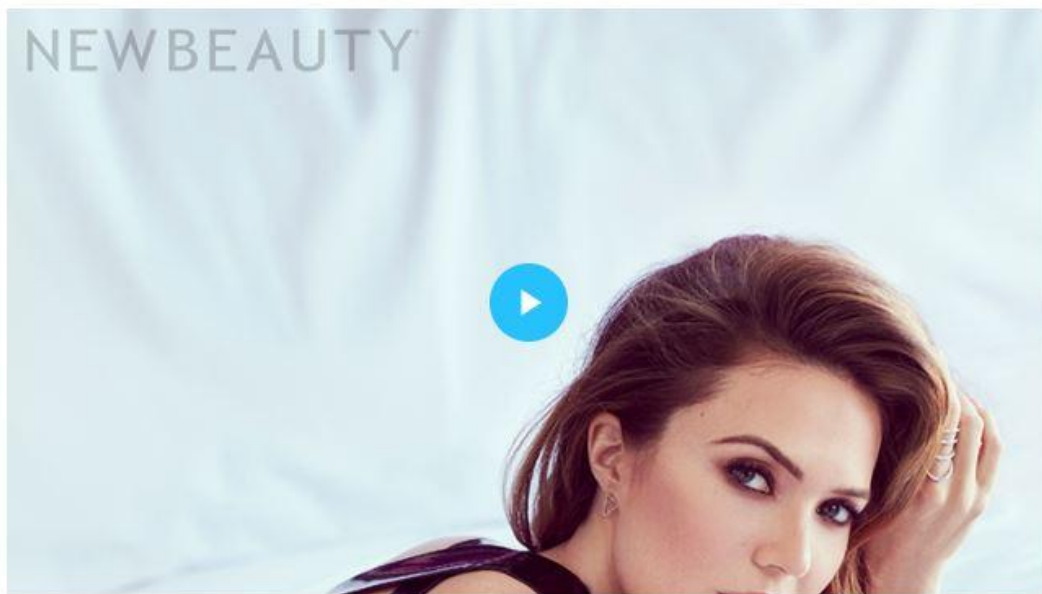


STYLE

13 Products Mandy Moore Uses in Her Daily No-Fuss Beauty Routine



KAITLYN FREY April 05, 2018 08:10 AM

It takes three-and-a-half hours and 10 prosthetic pieces for [Mandy Moore](#) to transform into her 66-year-old grandma Rebecca Pearson character on *This Is Us*. And after she's done filming, it takes Moore a little over an hour to get everything off.

"It's a process!" the actress, 33, told [NewBeauty](#) her cover story for the magazine's Spring 2018 issue. "It's pretty arduous."

So when Moore's not on set, the star takes a much more low-key approach to her beauty routine. "Just keeping it really simple like that is important to me," she said.



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"I am a huge fan of Biologique Recherche P50, and it's something that's been a staple in my skin care game for probably five or six years. I love, love, love it. I know it's harsh for some people, but I use it once a day, usually in the evening. It's the perfect exfoliator. I don't feel like my skin is clean unless I use it."

Buy It! Biologique Recherche Lotion P50, \$101; shoprescuespa.com