



THIS MODEL USES REAL SILKWORM COCOONS TO EXFOLIATE

They're from the dollar store (!), and Delilah Parillo swears by them.

By: Jodi Taylor

Photography: Tristan Kallas

There are some people whom we see and immediately need to know everything about: where they get their hair done, what color of lipstick they're wearing, or how they get their skin to look like *that.* Model Delilah Parillo is one of those people—we're kind of, sort of obsessed with her. The blond-haired, blue-eyed beauty first got her start as a model thanks to a photographer insisting that he shoot her. "My mom drove me, and we did a little shoot in his mom's garage. He kept saying, 'I think that you should be like, an actual model,'" she told us. "He sent my photos and phone number to an agency without telling me, and then they were just calling me a bunch after that, saying, 'Please come to L.A.!'" She went from working in a candy store to living in the sunny state of California, modeling on a regular basis. And, no surprise, she has supreme taste in beauty products. So excuse us as we go and buy one of everything listed below.

Why she doesn't wash her face every day:

“I have quite dry skin, it's really sensitive—like baby skin. I only wash it when it feels dirty. I'll wash it with water when I'm showering and stuff, but I only reach for my face wash if I've [been] wearing makeup, which isn't that often. I use Biologique Recherche, they have an oxygenating face wash, which I quite like. The only thing I really wear on my skin every day is sunscreen; I put lots on my face, and I apply moisturizer—I really like kind of thicker, heavy moisturizers. Sisley has a cream mask, in the Black Rose collection, which is really nice. Then Biologique Recherche makes one called Mask Vernix—I always put it on for the airplane.”

She forgoes oil during the day:

“I like this oil that I got from Sisley, it's like this Black Rose one that feels really nice. Although I'm starting to use it less because it's summertime and this facialist told me that when you put oil on your face, [it] absorbs UV light more. So they told me to use it at night.”



She uses Manuka honey for, well, everything:

“Oh, face masks—I really like honey. I use the Manuka honey. You have to buy it at the health foods store; it's like a \$50 bottle of honey, it feels ridiculous, but that's the only kind of honey you're supposed to use. So that helps get rid of redness, inflammation—if I have a pimple, I'll like spot treat it with honey. You can put it in your bath, too.”

*She *never* tans her face in the sun:*

“When it's summer I never tan my face. I don't mind tanning my body—I know you're not supposed to—but I definitely never tan my face. Sometimes I mix in with my moisturizer this Clarins Radiance-Plus Golden Glow Booster—you put three drops in, and over the next few days your skin starts to get a bit more tanned.”