



## How Caroline Vreeland Stays Looking "Refreshed AF" While Jetsetting All Over the World

**C**aroline Vreeland is no stranger to a glamorous destination. The great granddaughter of iconic editor Diana Vreeland, the multi-hyphenate has made a name for herself as both a singer and an actress, as well as one of fashion's most popular newcomers. The demand for her talents means Vreeland is often jetting off to Miami, Paris, and pretty much everywhere in between. So how does she keep the thrill of travel alive? By turning what inspires her about a locale into a full-fledged photo shoot.

During a recent trip to the south of France for the **Cannes film festival**, she assembled a crew of friends to create a full-scale and fully glamorous fashion story, which she shared exclusively with *W*, here. But Vreeland isn't just about glamour; she's quick to share her flaws with the world as well. Here, she talks about the best beauty advice she's ever received, her policy for posting blemishes on Instagram, and more.

most glamorous thing on Earth. I've gotten the chance to work with amfAR over the past couple of years, and it's truly an honor to be involved with the work they're doing to end the AIDS epidemic.

### **What are your must-see spots in Cannes?**

Well, you know me. My answer is obviously the cheese pizza at La Pizza Cresci, across from the marina.

### **What are your favorite French beauty products?**

I am currently obsessed with my gorgeous friend Violette's collab with Estée Lauder, called Poppy Sauvage. But when I think beauty and France, I just imagine a healthy, postcoital glow in the cheeks and a brisk walk down a cobblestone street to get coffee to bring back to your lover. Divine!

### **When you wake up in the morning, what is the first thing you do beauty-wise?**

When I wake up, I rinse my face with Skin Worship Cleansing Ritual. It is super-calming and light, but makes me feel refreshed AF. I follow with **Biologique Recherche Lotion P50**, and next I apply their **colostrum, collagen, and elastin serums**. Then I pile on lots and lots of sunscreen. I love to use Revisions Skincare's anti-aging tinted moisturizer with broad spectrum SPF.

### **And what is your nightly bedtime beauty routine?**

At night I use **Biologique Recherche's placenta serum** and Skin Worship Hydrating Ritual 2, which is my all-time fave moisturizer.