

BE WELL

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Our Guide To The Best Spas Around The World

A transformation requires a conduit, sometimes external. Of the most epicurean spa experiences that beg one to realign, unwind, decompress, detoxify, and grab life by the lapels—these are the best.

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Viva Mayr, Altaussee, Austria

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Biologique Recherche Ambassade de la Beauté, Paris, France



This magically lit day spa doubles as the headquarters for cult beauty brand Biologique Recherche. A facial appointment starts with a computerized skin scan and analysis in which facial pigmentations, skin elasticity, and hydration levels are all computed by percentages. The galvanic microcurrent machine, trademarked as "Le Remodeling Face," works as a high-output crank that winds back the skin's clock. Perfect for prep before a night on the town: their signature facial will bring you the joie de vivre. Other standout treatments include oxygenating body scrubs, scalp pH-balancing, and lymphatic drainage.