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This Is The Best Anti-Ageing Workout, According To Science

This Victoria Secret Angel's Latest Tattoo Is A Tribute To Her Son's Autism

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31 Things You Will Only Understand If You Are Addicted To F45

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HOME BEAUTY

# Karolína Kurková Reveals The One Beauty Product She Can't Live Without

"Oh, it's amazing!" - by *Isabelle Truman*





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### **You have amazing skin. What's your go-to foundation?**

I try not to use too much foundation, to be honest. For me, it's really about having beautiful skin so I really take care of my skin. Preventing, prepping, cleansing really nicely, exfoliating, doing nice little masks, whether it's like a sheet mask or clay mask to purify and detox. I love Biologique Recherche, I use a lot of their products, especially the B50 lotion. Oh, it's amazing!

### **Would that be your one go-to product?**

I mean, it's hard, there's a few that I like in my basic skincare routine but the B50 lotion is really good because it's purifying and exfoliating but it's very gentle. Biologique Recherche, in general, the skincare is incredible. It's all made in France, it's been around for a very long time. It's all made out of a lot of natural things but they're very active, they really create some sort of activation in your skin that has some sort of a purpose and really make a difference. They're not just like nice because they're natural and then it doesn't really do anything. And their lotion makes your skin really smooth and not dry, which is really great for when I travel.