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VANITY MIRROR

Get Rid of Blemishes with Biologique Recherche

by SunHee Grinnell August 11, 2009, 10:47 am

**ATTACKING ACNE.** The Biologique Recherche products part of a regimen to reduce blemishes.

Acne is not just prevalent in teenagers. Many adults suffer from it, including my sister, who is a mother of five and constantly on the go. Her blemishes are caused mainly by stress. When I heard that Dr. Philippe Allouche, the president of Biologique Recherche, prescribed a skin regimen for adult acne and blemishes, I urged her to take the time to go through the steps each morning and at night. After all, when you have five children, you barely have time to wash your face.

SunHee Grinnell.
Photograph by Davis
Factor.

She gave it a shot, and the result? "It works!" my sister says. "The Biologique Recherche products definitely tightened my pores and made my skin look younger and smoother. The serum seems to make my facial skin more dewy and healthy. It cleared some clogged pores I had for many months and reduced the bumps. These products definitely get the thumbs-up from me."

Here's the **regimen**:

1. Wash your face with Lait VIP 02 Cleansing Lotion.
2. Apply a few drops of Lotion P 50, an enriched exfoliating toner that hydrates and addresses whiteheads and blackheads.
3. Apply the Masque Vivant, a balancing mask that purifies and helps to stabilize sebum.
4. Finish with Serum Complexe Iribiol, a balancing serum that addresses oily skin by helping to control sebum secretion while hydrating.

This just reconfirms why I am a huge believer in Biologique Recherche products: because they truly work.

Follow Vanity Fair's beauty director, SunHee Grinnell, on Twitter.

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