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Whether Aida treats you or a member of her team does, you will receive a complete skin diagnostic followed by a recommended skin regimen to follow at home and with regular visits to the spa. Aida's treatment is centered around the use of specific machines utilizing micro-current to infuse essential serums deep into the epidermis.



In addition to providing nourishing hydration, this method virtually lifts the facial muscles and smoothes the topical layer of the epidermis. No surgery, just regular facial "work outs" to get your skin healthy, radiant and lifted. Aida actually worked for a prominent NYC plastic surgeon but started her own business when so many of the doctor's clients opted for the non-surgical route to aging gracefully.

Now, I'll be honest. The machine didn't cause me pain, but I didn't find the experience to be totally relaxing. It left my face feeling like it had, in fact, spent 2 hours at the gym with a personal trainer yelling at me. It also literally left a bad taste in my mouth. I tasted metal. But I am a drama queen with a low threshold for any discomfort, so I truly believe Aida when she says that most of her clients actually look forward to that portion of the treatment, often managing to take a much-needed catnap during it.

The micro-current machine definitely produces tangible results and I can understand why people schedule their appointments with Aida the night before important events. My skin was glowing and super soft, and the more obvious your signs of aging are, the more obvious the difference in your appearance will be.

Aida's mantra is to "be the best you can be at any age" and her passion for helping you get there is genuine. It won't happen overnight, but according to Aida, with commitment, patience and persistence, your skin, no matter when you start, can change to become healthy, glowing and radiant.

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