



# FALL FASHION

MARIAH!  
HER NEW BODY,  
NEW RECORD,  
AND HOT  
NEW MAN

ELLE BEAUTY COUNTERCULTURE

## GROUP THERAPY

**THE EDITORS**

JODI RIEDEN  
Associate Editor



**MAGGIE WHITLOCK**  
Associate Writer

Perfect for pale girls, **CARGO** Beach-Proof adds a soft, non-tinting bronzy sheen to my lids and cheeks.



**NICOLE CATANESE**  
Entertainment Editor

**NO SKINCARE**

**NO SKINCARE** Correct & Perfect Hand Treatment cream makes my hands look like a mini Heisenberg's lab. The cool stuff out of a laboratory.



**MEGAN DEEM**  
Associate Editor

**NO SKINCARE**

**NO SKINCARE** Benefit is cheap and looks great. I love it.



**EMILY DOUGHERTY**  
Associate Editor

**NO SKINCARE**

**NO SKINCARE** Benefit is cheap and looks great. I love it.



## GET THE PERFECT HAIRCUT

### THE 12 BEST PLUS, HOW TO: GET A CELEB LOOK; GRAB THE SKIN YOU'RE IN

For impatient types who want improvements yesterday, Manhattan facialist Aida Bicaj, renowned for her complexion-sculpting treatments, uses the Biologique Recherche Remodeling Face Machine to induce temporary tautness. It generates a painless electric pulse that stimulates skin and muscle tissue, causing them to contract for at least a few hours.

Bicaj begins the hour-long session just below the chin. Working back toward the ear, she places two antiaging-serum-soaked sponges hooked to electrodes (which transmit currents under the tissue from one sponge to the other) along facial bones, holding them in place for about 10 seconds.

(A person may experience a slight metallic taste.) "There's no resulting redness," Bicaj says, "so I see women who come in before a big night out to get their best, firmest skin." Bicaj is also popular among actresses who have major TV appearances scheduled—pictures can always be Photoshopped, but television reveals every flaw.

