

THE GLOSS

EAZINE

12 / €4.50

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THE HOLISTIC APPROACH A bespoke *Biologique Recherche* treatment at Sanctum - in my case a Restructuring and Smoothing Facial accompanied by Facial Remodelling. **THE LOWDOWN** The concentrated raw ingredients in the products act quickly and, when combined with sculpting and firming techniques - manual and via galvanic current - the results are astonishing, even after just one treatment. My facial muscles seemed tighter, skin definitely smoother and cheekbones higher, after a single session, and as I write, one week later, post jet lag. **WHAT SETS IT APART?** Rachel Walsh, the owner of Sanctum, is qualified in traditional Chinese medicine as well as a trained disciple of cosmetic dermatologist Dr Philippe Allouche, CEO of Biologique Recherche treatments and products - an unbeatable mix of knowledge and skill that means her approach is the closest thing to a surgical facelift you will find; her holistic expertise means she can get sluggish immune systems moving by deploying acupuncture if required. Book a course of six treatments to achieve lasting muscular lift: from €95 per session. **TAKE HOME** Lotion P50 - the toner-like therapeutic agent applied day and evening containing calming agents, hyaluronic acid, Omega 3 and 6, which improves the skin's surface and appearance dramatically. JMCD www.sanctum.ie

GREEN
ACRES**TRIED &
TESTED****FRENCH CLASS:**

Sanctum uses Biologique Recherche products and treatments, a 30-year-old French brand with an international reputation and a celebrity following.

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