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Biologique Recherche Masque VIP O₂

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By

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I am a huge believer in Biologique Recherche because I had really amazing results with their skin regimen. This French brand was created more than 30 years ago by two doctors, Yvan and Josette Allouche. Their concept was based on unique clinical approach to beauty care, but instead of using just chemicals they started experimenting with pure, natural, and raw ingredients. Today all products are made of highly concentrated biological, marine and botanical extracts respecting the original structure of all active ingredients.

Also, they have created special methodology that consists of three stages of skin treatments: The Assessment Stage, The Initialization Stage and The Treatment Stage. The most important is The Initialization Stage, and combined all together, products from all phases give the best result. But it is my understanding that you are not obliged to follow this methodology.



Active ingredients include: natural essential fatty acids, marine collagen, Biologique Recherche's exclusive oxygenating complex, corn extract and vitamin C.

One of my favorite Biologique Recherche products is Masque VIP O₂. During the winter my skin always suffers due to extreme temperatures, heating and pollution. And this antipollution, oxygenating face mask makes all the difference. It has light, almost cream texture, it's easy to apply and dries fast without being heavy on the face. I leave it on for 20min and my skin really looks dewy and hydrated after. I read somewhere that "it's like self-esteem in a tube" and I couldn't agree more. Like all BR products the smell is specific, but not strong or unpleasant.

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